



# Awaken as Love Festival Field Guide



# Welcome to the Field of Love

So You Said Yes to a Tantra Festival... Now What?

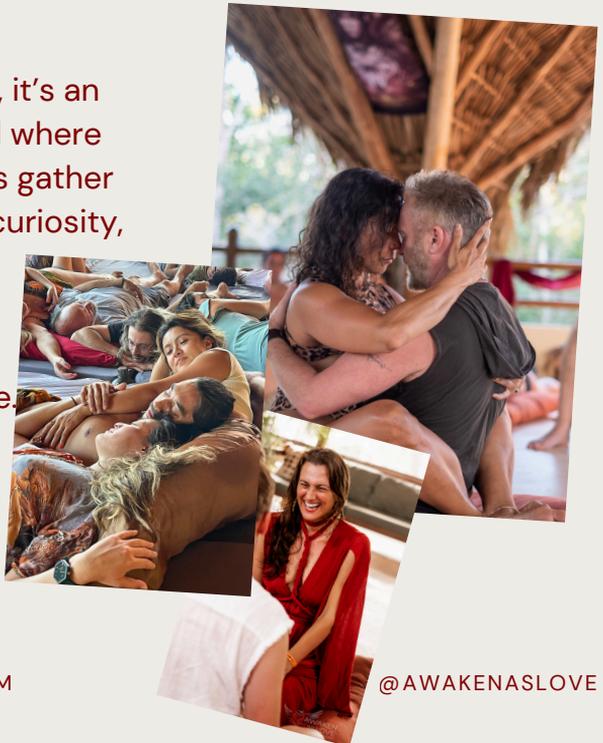
You've made it. You said yes to stepping into a living cauldron of transformation, celebration, and community.

Beyond an ordinary workshop or retreat, it's an evolutionary festival where hundreds of humans gather in one field of love, curiosity, and courage.

It is a space where all of you is welcome.

Together we dance, meditate, breathe, laugh, cry, tremble, release, and rise. The energy field we co-create is potent.

Enter with wonder. Meet your mirrors. Allow yourself to be surprised.





WHAT IS A TANTRA FESTIVAL?

# Tantra Festivals 101

A Tantra Festival is not just a string of workshops — it's a living field. A village. A temple. A playground of souls where we remember that awakening can be joyful, messy, sacred, sexy, and ordinary all at once.

Unlike a single retreat, a festival weaves together many teachers, styles, lineages, and flavors of Tantra. You might be dancing wildly in the morning, dropping into deep breathwork after lunch, and laughing (or crying) your heart open in ritual by nightfall. Then you'll eat together, cuddle under the stars, and remember what it feels like to be part of a conscious tribe.

## WHAT MAKES AN AWAKEN AS LOVE TANTRA FESTIVAL UNIQUE?

- A tapestry of teachers. We bring facilitators from different backgrounds and from all over the world to co-create something fresh and alive in the moment.
- The field of love. When 150–400 humans gather with intention, courage, and openness, something bigger than all of us is born. That field becomes the true teacher.
- Depth + play. Expect tears and breakthroughs... and also belly laughter, dance parties, and sacred silliness.
- Evolutionary intention. Awaken as Love isn't just about pleasure or technique — it's about embodying Love as a living force that can transform our world.



WHAT IS A TANTRA FESTIVAL?

# What to Expect (without expecting)?

EVERY FESTIVAL IS DIFFERENT.  
THE ONE THING WE KNOW: IF YOU SHOW UP  
OPEN, YOU'LL LEAVE CHANGED.

SOME DAYS WILL FEEL LIKE MAGIC.  
SOME MOMENTS WILL FEEL LIKE MIRRORS.  
AND OFTEN, THE GREATEST SURPRISE WILL BE  
DISCOVERING PARTS OF YOURSELF YOU DIDN'T  
EVEN KNOW WERE WAITING TO BE SEEN.

“A FESTIVAL IS A LABORATORY OF LOVE. IT'S  
NOT ABOUT GETTING IT RIGHT, IT'S ABOUT  
BEING REAL — AND LETTING LIFE REVEAL YOU.”



# What to Bring and What Not to

## Must-haves:

- 2 Towels
- 2 Sarongs
- Coconut Oil/ Body Butter
- Clothes to dance in
- Protection (all kinds 😊)
- Bedding (if camping or in CA)
- Water Bottle
- Journal/Pen
- Yoga Mat
- Temple Clothes (lingerie, PJs, costumes, whatever makes you feel good)

## Optional:

- Fun outfits/ costumes
- Fresh breath support
- Flip flops
- Cute underwear
- Toys, feathers, fans, floggers, etc. (great for temple!)

## Leave Behind:

- Drugs
- Alcohol
- Heavy Perfumes/ Oils
- Drama
- Expectations

# What to Bring and Not to in more detail

Sarongs are your new best friends.

Not just for beaches — these beauties cover mattresses, wrap your body, create privacy, or double as ritual capes. Bring two (one will get oiled).

Coconut oil.

Massage, skin glow, edible... enough said.

Yoga mat.

Your personal temple space.

Costumes & ritual wear.

Think divine, playful, sensual, cosmic. Bring at least one outfit that makes you go: I am sacred royalty. Or come as you wish – all expressions welcome!

Protection.

Consent is sexy. Safety is hot. Bring what you need so you can relax and flow with whatever arises.

Breath mints.

Because eye-gazing gets close.

Comfy, yummy underwear.

For massage, cuddles, or simply feeling luscious.

Optional delights:

- A journal for downloads.
- A water bottle that makes hydration holy.
- Fairy lights or altar items for your space.
- Gifts to exchange with new beloveds.



## WHAT NOT TO BRING:

- ALCOHOL OR DRUGS (YOU WON'T NEED THEM).
- HEAVY PERFUMES/CHEMICALS (OUR SENSES ARE ALIVE HERE).
- EXPECTATIONS, OLD STORIES, OR YOUR EX (UNLESS IT'S BEAUTIFULLY INTEGRATED).

# Intention is Sexy (and Powerful)

**What do you want out of this experience?**

The field amplifies whatever you bring.

Desire is fuel, longing is sacred fire.

Don't hide from what you want — honor it.

Quick ritual:

1. Close your eyes, breathe.
2. Notice where energy bubbles in your body.
3. Ask: What do you long for here? How do you want to feel by the end of the festival?
4. Whisper it into your hands and offer it to the festival.

**Couple's tip: Share Fears, Boundaries, Needs, and Desires before the festival and during as things arise.**

Speak bravely. Listen kindly. Say "thank you for sharing", and make agreements that both can honor.

\*Seek Love Angel support if needed.



# BOUNDARIES

Boundaries are holy. They make freedom possible.

- Your yes is sacred.
- Your no is sacred.
- Your maybe = a no until it ripens.

Stay true in each moment.

Clear is kind. Fuzzy is confusing.



You don't need to be "more open" than you are.

Your truth is the doorway to expansion.

When we can trust your "No", then we can trust your "Yes".

Communicating your boundaries helps set up others to "win" with you.

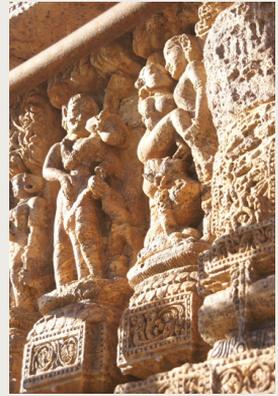
Boundaries shift and change. Keep checking in with yourself and others.

Honoring your authenticity is true Tantra.

# TEMPLE

FIRST THINGS FIRST: THERE IS **NOTHING** YOU EVER HAVE TO DO. EVER. EXCEPT BE IN CONSENT.

CONSENT IS THE FOUNDATION OF AWAKEN AS LOVE, AND YOU ARE AT CHOICE IN EVERY MOMENT.



## WHAT ACTUALLY HAPPENS IN THE TEMPLE?

- PENETRATION-FREE. WORKSHOPS AND CEREMONIES DO NOT INCLUDE PENETRATIVE SEX. IN FACT, THE FIRST TEMPLES ARE OFTEN UNDERWEAR-ON.
- WHITE TEMPLES. THESE ARE ENERGETIC, MEDITATIVE, DEVOTIONAL SPACES (THINK MEDITATIVE, EYE-GAZING, CONNECTION EXERCISES).
- PINK TEMPLES. SENSUAL, PLAYFUL, TOUCH-BASED, BUT STILL NON-PENETRATIVE. THERE ARE SO MANY WAYS TO PLAY!
- RED TEMPLE. ONLY SOMETIMES OFFERED ON THE FINAL NIGHT IF THE GROUP HAS SHOWN STRONG CONSENT AND BOUNDARY SKILLS ALL WEEK. EVEN THEN, IT IS ALWAYS OPTIONAL.

## IF YOU'RE COMING WITH A PARTNER

WE ENCOURAGE COUPLES TO HAVE ONGOING CONVERSATIONS ABOUT FEARS, BOUNDARIES, AND DESIRES — NOT JUST BEFORE THE FESTIVAL, BUT THROUGHOUT THE WEEK AS THINGS SHIFT. THIS KEEPS YOU ALIGNED, SUPPORTED, AND ABLE TO GROW TOGETHER.

## IF YOU'RE SOLO

YOU'LL ALWAYS HAVE THE RIGHT TO SAY YES, NO, OR MAYBE IN EVERY MOMENT. YOU NEVER NEED TO JUSTIFY YOUR CHOICE. NO IS A COMPLETE SENTENCE.

SUPPORT IS ALWAYS HERE EVERY TEMPLE AND WORKSHOP HAS LOVE ANGELS — SUPPORT PEOPLE TRAINED TO HOLD SPACE IF YOU NEED GROUNDING, A PAUSE, OR SOMEONE TO PROCESS WITH.

# TEMPLE Continued



## THE BIGGER PICTURE

TANTRA IS NOT “ALL ABOUT SEX.” IT’S ABOUT WORKING WITH LIFE-FORCE ENERGY – SOMETIMES SEXUAL, SOMETIMES EMOTIONAL, SOMETIMES PURE LOVE.

MANY PARTICIPANTS DISCOVER THAT THE MOST PROFOUND TRANSFORMATIONS COME NOT FROM INTERCOURSE BUT FROM SHAKING, BREATHING, MOVING, LAUGHING, CRYING, AND OPENING THE HEART.

SO... LET’S TALK ABOUT SEX, BABY. BUT LET’S ALSO TALK ABOUT LOVE, PRESENCE, CHOICE, LAUGHTER, AWKWARDNESS, HEALING, AND MYSTERY. BECAUSE ALL OF IT BELONGS HERE.



### AWAKEN AS LOVE BOUNDARY:

AT AWAKEN AS LOVE, THE TEACHER-STUDENT RELATIONSHIP IS HELD AS SACRED. TO PROTECT THE INTEGRITY OF THE FIELD, FACILITATORS DO NOT ENGAGE SEXUALLY WITH PARTICIPANTS DURING FESTIVALS OR TRAININGS.

WE HONOR THE NATURAL POWER DYNAMICS THAT EXIST BETWEEN FACILITATOR AND PARTICIPANT. OUR ROLE IS TO BE OF SERVICE TO YOUR AWAKENING, NOT TO SEEK TO HAVE OUR OWN NEEDS MET THROUGH YOU. THIS CLARITY KEEPS THE CONTAINER SAFE, TRUSTWORTHY, AND ALIGNED WITH LOVE.

# RBDSM

Yes, let's talk about sex, baby!



Making new connections can be exciting, juicy, and sometimes a little nerve-wracking.

At Awaken as Love, we invite you to treat the temples — and the festival as a whole — as a living laboratory. This is your chance to explore and experiment with what truly brings you joy, pleasure, and expansion in ways that are conscious and safe.

Before initiating a sexual encounter with a new partner, we encourage you to practice the RBDSM safer-sex conversation (Relationships, Boundaries, Desires, Meaning/Mitigations). It's a simple way to set everyone up to win —think of it as sacred foreplay: creating clarity so pleasure, trust, and freedom can flow with safety, grace, and ease.

## R = RELATIONSHIPS

WHAT'S YOUR CURRENT RELATIONSHIP STATUS OR STYLE?

- MONOGAMOUS?
- POLYAMOROUS? EXPLORING?
- WHAT AGREEMENTS ARE YOU HONORING WITH OTHERS?

## B = BOUNDARIES

WHAT ARE YOUR NO'S, YOUR MAYBES, YOUR SACRED EDGES?

- ARE THERE ACTS OR KINDS OF TOUCH THAT AREN'T OKAY FOR YOU?
- ANY BOUNDARIES AROUND EMOTIONAL OR ENERGETIC CONNECTION?

### 👉 PRO-TIP:

THESE CONVERSATIONS CAN ACTUALLY BE DEEPLY CONNECTING, TENDER, AND SEXY IN THEIR OWN RIGHT. NOTHING SAYS "I RESPECT YOU" LIKE PAUSING TO CO-CREATE SAFETY AND CLARITY BEFORE DIVING INTO PLEASURE.

# RBDSM Cont.

## BONUS:

### D = DESIRES

WHAT DO YOU ACTUALLY WANT IN THIS ENCOUNTER?

- SENSUAL TOUCH? MASSAGE? MAKING OUT? SOMETHING MORE?
- BE HONEST, EVEN IF YOUR DESIRES SEEM SMALL, BIG, OR CONTRADICTORY.

### S = SEXUAL HEALTH / TESTING

WHEN WERE YOU LAST TESTED?  
WHAT WERE YOU TESTED FOR?  
WHAT WERE THE RESULTS?

- USE CLEAR LANGUAGE LIKE "ALL CLEAR" INSTEAD OF "CLEAN."
- SHARE ANYTHING RELEVANT FOR YOUR PARTNER(S) TO MAKE AN INFORMED CHOICE.
- BE HONEST. NO JUDGEMENT.

### M = MEANING/ MITIGATIONS

WHAT DOES THIS ENCOUNTER MEAN TO YOU?

- IS THIS CASUAL PLAY, SACRED EXPLORATION, OR ARE YOU SEEKING SOMETHING ONGOING?
- SHARE OPENLY SO NO ONE IS LEFT GUESSING.

### A = AFTERCARE

WHAT WOULD HELP YOU FEEL HONORED AND CARED FOR AFTERWARDS?

- A CUDDLE? SPACE? A CHECK-IN TEXT TOMORROW?
- STATE YOUR NEEDS SO BOTH (OR ALL) OF YOU CAN PART WITH RESPECT AND WARMTH.
- TAKE CARE OF EACH OTHER'S HEARTS.



## SUMMARY:

RELATIONSHIPS  
BOUNDARIES  
DESIRES  
SEXUAL HEALTH  
MEANING &  
(AFTERCARE)

CONCLUSION

# Thank You for Stepping Into the Field of Love

May the seeds planted in this festival grow into radiant love, deeper truth, and awakened presence in your life.



**- WITH LOVE,**

**JAMES, TAÍNA &  
THE AWAKEN AS  
LOVE TEAM**

